

Robert Burridge Workshop

Loosen Up Painting Retreat It's Like 4 Years of Art School!

Burrige's popular "Loosen Up" workshops nurture individual success and personal enrichment with a big emphasis on daily painting projects at your own pace. It is stress-free, but be warned; you could end up with too much enthusiasm for painting. This Burrige flagship workshop offers a variety of painting subjects for everyone. Each day starts with a different series of multiple, small "warm-up painting exercises", working up to larger-format paintings. Expect an intense, concentrated and lively workshop where you will create many works of art using spontaneity for maximum effect.

Burrige's goof-proof color combination technique is also demonstrated. **Students will take home preprinted notes of useful and need-to-know information + a Burrige Goof-Proof Travel Color Wheel.** All levels.
A positive attitude is a must!

Suggested Materials List - This is only a suggested materials list. Do not feel obligated to purchase everything on this list. Bring what you think you will need and use.

1) Paints: Any professional-grade acrylic paint (no cheap, student grade paints). Your choice of colors.

Burrige will be painting with Holbein Artist Acrylic paint - colors to match his Goof-Proof Color Wheel, plus black and white.

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| •Pyrrole Red Light | •Marigold | •Lamp Black |
| •Hansa Yellow | •Middle Green | •Titanium White |
| •Cad Green Deep | •Compose Blue #1 | •Luminous Opera |
| •Ultramarine Deep | •Compose Blue #2 | |
| •Amethyst | •Primary Magenta | |

2) Brushes: Acrylic/Blend combos, 1" Flat or Round. Several 2" and 3" brushes. NO TINY BRUSHES. Also bring a 2" soft brush for varnishing.

3) For cleaning brushes: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

4) Surfaces: Per day you may need up to 2 Full Sheets (22"x30") of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat - do not roll up. Bob will use Fabriano Artistico or Strathmore Watercolor Paper, 140 lb. or 300 lb. CP.

Optional: Also, small pre-gessoed canvases, as many per day as you want. Maximum size is 12x12 inches or 9x12.

5) One pint of thick white professional acrylic gesso. Used as both gesso and white paint. Bob uses Utrecht's Professional Gesso ---it's thicker and the most Titanium than most. Available from Utrecht online or DickBlick.com

6) Final Coat: Brush-on water-based POLYMER VARNISH with UVLS for "sealing" all paintings... gloss, semi gloss or matte. Bob uses Minwax Polycrylic Water Based from hardware store.

7) Rubbing alcohol 70% or 90%. (drug store)

8) Artist's Sketchbook, smooth or Hot Press, spiral bound for easier note taking and smooth sketching.

Optional:

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, very dark
- Derwent Inktense Color Pencils or Inktense Blocks
- Any other pencils you want to bring

We will provide a water bucket and paper towels for the workshop. Your table will be covered with plastic.

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