

## ***Bob Burrridge's Suggested Materials List for Studio Mentor Workshop***

This workshop will emphasize loose, expressive techniques, not necessarily photo realism techniques--- of course, your style is up to you and I will help you with it.

I'm planning to focus on painting a my own series, based on specific color themes. Your painting goals are also important to me. Please write some of these goals and send them to me in advance. I have enclosed Studio Notes for you to read "**How to Have More Meaningful Intentions in your Artwork.**"

You can email me at [rburrige@robertburrige.com](mailto:rburrige@robertburrige.com)

Thursday - Please show up to my studio at 1:00 pm (no early birds please). We use this time to get acquainted, set up your workspace and talk about your goals and how I can best mentor you. At 5:00 we will have a Soirée of Central Coast Wines and appetizers. Spouses and partners are invited. We will end at 6:00 pm. (time approx!) You are on your own for dinner. (Sunset dinners at the beach?)

Friday, Saturday and Sunday - Continental breakfast starts at 8:30 am. We'll also serve lunch and snacks. Studio time is 9:00 am to 4:00 pm. Private, one-on-one painting critique daily. You are on your own for dinner, but you can come back to the studio and paint for as long as you like!

- Studio set-up: Everyone will have their own 6' plastic covered table and a stool - we paint flat.
- Palette: Any convenient surface for mixing. I use the table as my palette.
- Paints: I will be using Holbein Artist Acrylic paint, plus an assortment of other professional-type paints. (No "student-grade" paint) Bring White\*\* and Black plus basic colors (primaries and secondaries) - your choice. Check with your local art store or contact Vermont Art Supply to order Holbein paint. Call John at 800-790-2552 or go online [www.vermontartsupply.com](http://www.vermontartsupply.com)
- Brushes: Large Isabey or Holbein acrylic brushes, plus a few Hardware Store, cheap flat 2" chip brushes.
- Surfaces: I'm using both paper and canvas. My favorite paper is Fabriano Artistico, 300 lb CP. Everyday, I plan on doing lots of quick warmup exercises

on small canvases or paper, 10x10 or 11x14. Paint on the size that is comfortable for you - canvas or gessoed watercolor paper.

- Gesso: Utrecht's Professional Acrylic Gesso. Bring at least a pint - we will use it as our white paint too\*\*. Pre-gesso paper and canvas before arriving. Bring flat.

- Final Coat Varnish: Water-based POLYMER VARNISH with UVLS, gloss or semi-gloss or satin, your choice. I prefer hardware store Minwax Polycrylic waterbased varnish.

- Bring an Artists Sketch Book, 11x17 max.

- Paper towels and water buckets are supplied. You will also receive a Burrige Travel Color Wheel and a Permission Mug!

- Clothing: Here on the Central Coast we tend to dress in layers. The Studio can be warm during the day and cool at night. Do not wear your best clothes in the studio! Loose, comfortable clothing, a hat and sun block if you go outside. Please - no pets allowed at the workshop.

You may also want to bring the following:

- For gluing collage work: Polymer Gel Medium (gloss or matte)
- Your favorite collage papers
- Hand Barrier cream such as Burt's Bees Hand Salve or Nitrile gloves
- Derwent Water Soluble Drawing Pencil, very dark
- Derwent Inktense Water Soluble Color Pencils or Color Blocks

Special note: You may pre-ship any supplies by FedEx, UPS, DHL - they all make deliveries.

PS -- In answering some questions about the materials list: Since this is a Mentor Workshop - it is up to you what you want to bring and paint on - you can do small warm-ups then work on large pieces. You can paint abstractly, impressionistically or realism. Up to you. There is no theme, only your own personal goals. Because there are only 7 people in this Mentor Workshop, we stress individual goals, bodies of work and personal projects.

Side note: One student finished 20 large landscapes at one of these workshops! Others are happy to get one painting a day completed - all up to you, your energy and commitment to your project. Remember - I am there to help you with your goals - this is not a "teaching step-by-step" workshop. I will be working on my work too.

If you have written your goals for the workshop, feel free to email them to me!  
Bob

last updated: 7/11/14