

### **Start Abstract Painting Today!**

*Always wanted to do abstract painting, but don't know where to begin? Experience the hands-on demos, techniques and basic formulas, compositions and color techniques to create more meaningful abstracts. This intense, concentrated workshop emphasizes intuitive painting where you will create many works of art for the 21st Century.*

*Conception and innovation, examples of Abstract Expressionism; demonstration and slide show.*

*Variations in materials and experimentation using acrylic paint and mediums.*

*Be prepared to paint looser, bolder, freer, lighter and more intuitively. Plenty of time for action-filled painting exercises and personalized attention. All water soluble paints are welcomed. Students will take home preprinted notes of useful and need-to-know information on abstract painting. Burridge's newest color wheel technique is also demonstrated. This workshop is a serious approach for those who have a great sense of humor and a positive attitude.*

#### **Suggested Materials List**

1) Your choice of Acrylics.

**Bob recommends: Holbein Acryla, Acrylic Polymer Paints:**

- Flame Red
- Yellow
- Middle Green
- Cad Green Light
- Katsura Blue
- Compose Rose
- Luminous Opera
- Titanium White
- Marigold
- Cad Yellow Light
- Cad Yellow Orange
- Compose Blue #1
- Compose Blue #2
- Violet
- Pearl Gold
- Lamp Black

**Plus any more colors you like!**

*Check your local Art Store*

*or contact HK Holbein, 800-682-6686.*

2) Brushes: Isabey Mongoose (long handle), or Isabey Isacryl Acrylic Brushes or Escoda brand acrylic/synthetic combos, 1" Flat or Round. Several 2" and 3" cheap disposable bristle brushes. (hardware store) **NO FOAM BRUSHES.**

3) For cleaning brushes: Murphys Oil Soap, "Original Formula." (grocery & hardware stores)

4) Surfaces: Per day you may need up to two Full Sheets of 140 lb. or 300 lb. CP watercolor paper, pre-gessoed (thin layer of acrylic gesso - brush or trowel on one side only, let dry) Brushmark texture is okay; do not sand smooth. Bring flat--- do not roll up. I recommend Fabriano Artistico 140 lb and 300 lb CP.

**Optional Surfaces:** Also, up to two per day 8" x 10" (or larger) pre-gessoed canvases.

5) 1 pint of thick white professional acrylic gesso. Bob uses Joe Miller's Signature Series One Coat Gesso (red label) or Utrecht's Professional Gesso --- it's thicker than most.

6) If you plan on doing collage work: Polymer Gel Medium (gloss or matte) and your favorite collage papers.

7) Final Coat: Water-based POLYMER VARNISH with UVLS for "sealing" all paintings... gloss, semi gloss or matte, your choice. No sprays, no varnish/medium combos, brush on only.

8) One gallon water bucket.

9) Plastic sheet (4 ml polyethylene) to cover the table. (hardware store)

10) Roll of VIVA towels.

11) Robert Burridge's Goof Proof Color Wheel.

12) Rubbing alcohol (drug store)

**The following is Optional:**

- Hand Barrier cream or Nitrile gloves.
- Derwent Water Soluble Drawing Pencil, #8B
- Derwent InkTense Color Pencils

**•Important - No hair dryers, easels or cell phones allowed in this workshop.**