

**Loose Action Oil Painting**

***(Oil on canvas, emphasis on Abstract Expressionism powered by left brain thinking and free wheeling techniques!)***

*This popular, hands-on workshop is for all artists, all levels who are self-motivated to learn more about creating expressive oil paintings. Combining a dynamic positive attitude and a fearless approach to oil painting, you will learn how to put "joie de vivre" back into your paintings. While painting with the students, Burridge shows his techniques from oil sketching to the last "signature stroke." Burridge breaks those "fussy oil rules" and moves towards the 21st Century with contemporary concepts.*

*The workshop includes: Preparing your canvas; Introduction to "impressionistic painting"; Modifiers and varnishes; Composition and "building a painting" with lights and darks; Burridge paint-exercises for building and sustaining creativity; plus tips for finishing and drying.*

**Suggested Materials List**

- 1) Per day - six 12"x12" unstretched flat canvas sheets or pre-gessoed paper or pre-gessoed canvases. These surfaces are for our daily warmup paint sketches and abstract experiments. Canvas boards are also okay.
- 2) Per day - four 11"x14" 300 lb. watercolor paper or canvas, pre-gessoed - texture is okay. Bob trowels on Utrecht's "Professional" Gesso (it's thicker than most). Let dry.
- 3) Oil paints - your choice + one extra tube of Titanium white or Weber Permalba white.
- 4) Two or Three oil painting brushes - rounds or filberts, 1/4" up to 1/2". A few cheap brushes (hardware store), 2" flat (no foam brushes)
- 5) Oil palette - your choice. Bob uses his table as his palette.
- 8) Three wide-mouthed cans (tuna cans ideal) for medium.
- 9) Cotton rag or absorbent paper towels.
- 10) One empty quart container with lid for dirty turp (and funnel, if necessary).
- 11) Art Store oil painting premixed medium. Bob uses Liquin exclusively as his medium.
- 12) For cleaning brushes: Murphys Oil Soap, "Original Formula" or vegetable cooking oil (canola, wesson, etc.) or citrus paint thinner.
- 13) Apron and painting clothes.
- 14) Pliers to open stuck paint tube caps. Strong tape (not blue painters' tape).
- 15) Good Attitude!

**Optional:**

- Disposable Nitrile gloves (pharmacy & hardware stores) or hand cream.
- One pint of turpenoid or odorless mineral spirits.

**PLEASE NOTE:**

**This class is not advisable for students sensitive to oil odors or have respiratory ailments.**